The Checkpoints app series is a new digital tool for improving occupational safety and health in the workplace. Users can explore illustrated descriptions of each checkpoint and create interactive checklists tailored to their workplace. Each app also includes best practice recommendations for taking action and implementing effective improvements.

**ILO Stress Prevention at Work Checkpoints**
50 easy-to-implement checkpoints for identifying sources of stress in the workplace and mitigating their harmful effects.

**ILO Ergonomic Checkpoints**
132 realistic and flexible solutions to ergonomic problems, applicable across a whole range of workplace situations.

**ILO Agricultural Ergonomic Checkpoints**
100 practical actions to improve safety and health and increase productivity, tailored for rural and agricultural settings.