

## Why should you take an HIV test?

## IF YOU TEST POSITIVE:

- You can start treatment on time and be in good health.
- You can take precautions and protect your partner/spouse.
- You can continue to work and achieve your career goals.
- You can have children who will not be born with HIV.

## IF YOU TEST NEGATIVE:

• You stop worrying! But be careful to stay free of HIV.

For free HIV counselling and testing, ILO staff are invited to contact the ILO Medical Service.

Tel: +41 22 799 7133

Remember: Your HIV status is kept confidential.



