

RURAL DEVELOPMENT through DECENT WORK

FOR GROWTH, PRODUCTIVE JOBS, INCOME, FOOD SECURITY, GOOD WORKING CONDITIONS, EQUAL OPPORTUNITIES, RIGHTS, VOICE, SUSTAINABLE DEVELOPMENT, CRISIS RESILIENCE



International Labour Office

Rural-Relevant Tools

HIV and AIDS Peer Education Manual

People



What is HIV and AIDS Peer Educators' Manual?

A joint ILO and Family Health International (FHI) teaching manual used in capacity building activities to tackle the lack of adequate knowledge regarding HIV and AIDS, that is a key factor in the spread of HIV and its overall impact globally, in use since 2009

For whom?

- **Direct beneficiaries:** Peer educators and members of cooperatives in rural community/workplaces
- **Ultimate beneficiaries:** Workers and their communities

For what purpose?

- Guide the routine peer educators' day-to-day activities
- Help peer educators offer training and monitoring
- Provide basic knowledge and skills to peer educators to help establish workplace peer education programmes, including offering training and monitoring on HIV and AIDS

How is it delivered?

- Skills training
- Training of trainers
- Handing out of manuals

What are its components?

Five-day modules:

- Day one: HIV and AIDS and workplace; Impact of HIV and AIDS on workers; Impact of HIV and AIDS on organizations; Impact of HIV and AIDS on development; HIV and AIDS policy; The *ILO code of practice on HIV/AIDS*; How to start a workplace peer education program
- Day two: Peer education; Communication; How to organize and lead discussion; Adult teaching techniques; HIV and AIDS (Definition, Transmission, Prevention, Clinical manifestations, Stages of HIV); Sexually transmitted infections; TB and HIV



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- Day three: Personal risk assessment; Measures to be taken to reduce the risk of transmission of HIV; Gender and HIV; HIV counselling and testing
- Day four: Preventing from Mother to Child Transmission (PMTCT); Feeding techniques of child born to mother with HIV; HIV and AIDS and dignity of people with HIV at workplace
- Day five: Care and support; Anti-retroviral therapy and reporting

Which Technical areas are covered?

- HIV and AIDS
- Skills training

Can it cover more technical areas?

Yes, disabled persons and child labour. It has also been used by other HIV/AIDS projects focusing on enterprises and on cooperatives



Where has it been used?

In 1 country: Ethiopia (see map)

Successfully mainstreamed into Ethiopia's national policy

Which languages?

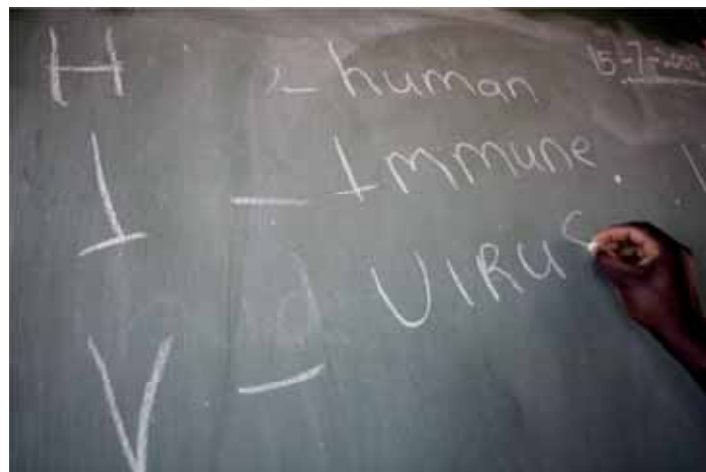
Available in 3 languages: Amharic, Afan Oromo, and English

Is it suitable for rural areas?

Yes

What are its strengths?

- Comprehensive: its chapters include the overall HIV and AIDS and the workplace issue, establishing peer educators in workplaces, training of peer educators, routine education guide, and basic facts on HIV
- Can integrate other workplace problems like sexually transmitted infections and sexual and reproductive health
- Interactive: each topic is presented by facilitators with involvement of participants through discussions, group work, exercises, and role play
- Variety of methods included: power point presentations; group discussions; lecture; plenary discussions; group work and interactive practical exercise
- Linked to the *ILO code of practice on HIV/AIDS and the world of work*



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Is there a training course in ITC-Turin?

The tool is referred to in the course "HIV/AIDS and the world of work: a prevention and social protection perspective"

Where to find more information?

- ILO approach to combating HIV/AIDS in the world of work:
<http://www.ilo.org/aids>

Who to contact?

E-mail: iloaids@ilo.org

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