

Protect Yourself and Your Family from **Avian Influenza virus**



International
Labour
Organization

Identify and be aware on source of infection and mode of virus transmission

Direct contact with infected poultry



Contact with poultry product or materials contaminated with poultry droppings, and body fluid



Maintain personal hygiene at the workplace and at home



Wash hands with soap and running water

- after going to toilet
- before eating

Handle your poultry safely

Keep poultry separate from the house



Keep poultry in appropriate cages, clean the cages frequently



Use gloves and mask when handling the poultry/poultry waste



Wash hands with soap after contact with poultry/poultry waste

Handle your food safely



Wash hands before handling food and often during food preparation



Separate raw and cooked food



Use separate equipment and utensil such as, knives and cutting board for handling raw and cooked foods

Cook food thoroughly

