| | Yes | No | Action required |
|---|-----|----|-----------------|
| Is there good general illumination (with no glare) throughout the factory? | | | |
| Is there regular cleaning and maintenance of lights and windows? | | | |
| Where necessary, are windows or skylights whitewashed or shaded to avoid glare? | | | |
| Is there local lighting for close work to reduce eye strain and fatigue? | | | |
| Are "flickering" fluorescent tubes replaced as soon as possible? | | | |
| Are the walls and ceilings painted in light colours and kept clean? | | | |
| Is there adequate emergency lighting in all areas? | | | |
| Are outside areas satisfactorily lit for work and access during hours of darkness for security as well as safety? | | | |
| Are computer screens positioned so that ceiling lighting is not reflected to produce glare for users? | | | |
| Do windows have blinds to prevent sunlight producing glare on computer screens? | | | |



Avoid direct glare from a naked light bulb. Use a lamp shade placed at the appropriate height.