

ACCENTURE MENTAL HEALTH FOCUS

Purpose

To provide **safe environment for employee, and encourage them to talk about mental wellbeing**, and actively **support** them be their best professionally and personally.

THEME



Inform and **build awareness on the topic of mental health** to debunk stigma and myths and encourage open conversations across organization

Provide training, learning and education surrounding mental health, mental wellness and our role to others. Encourage an interest to learn about mental wellness



Empower leaders, colleagues, mentors and Mental Health Allies to support and guide each other when facing mental health issues. Have a clearly defined and functioning support structure for mental wellness

Provide a **consistent set of benefits and policies**, which employees are aware of, that support mental health and enhance mental wellness