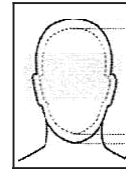




ILO Meetings Photo Guidelines

Photo requirements:

1. The file size should be a maximum of 1MB in jpg or jpeg format
2. Passport standard (35x45mm)
3. In portrait orientation (i.e. higher than it is wide)
4. Be taken with your eyes open and clearly visible (no sunglasses or tinted glasses and no hair across your eyes)
5. Show your full head (70 to 80% of the photograph), without any head covering unless you wear one for religious beliefs or medical reasons
6. Be taken within the last 6 months
7. In colour
8. Be clear and in sharp focus, with a clear difference between your face and a plain light background



Photos will be rejected for:

- A. Blurriness - if the blurriness is too high
- B. Glasses - if sunglasses or swimming goggles are detected
- C. Head pose - if the head is tilted or the face angle is too side-on
- D. Occlusion - if the forehead or mouth is occluded, obstructed or not visible
- E. Eyes - if the eyes are closed
- F. Mouth - if the mouth is wide open
- G. Multiple or no face - if more than one face is detected or if no face is detected

Free web tools for improving photos:

<https://resizeyourimage.com/> or

<https://picresize.com/>

ILO Meeting Support Contact:

Still having issues with the photo upload? Please contact: meetingsupport@ilo.org