

Final analysis of the pilot

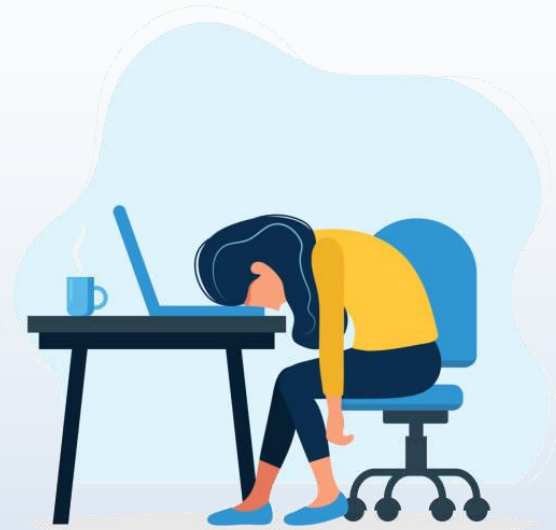
“With care for yourself and everyone: psychosocial support at the workplace in war and post-war times”



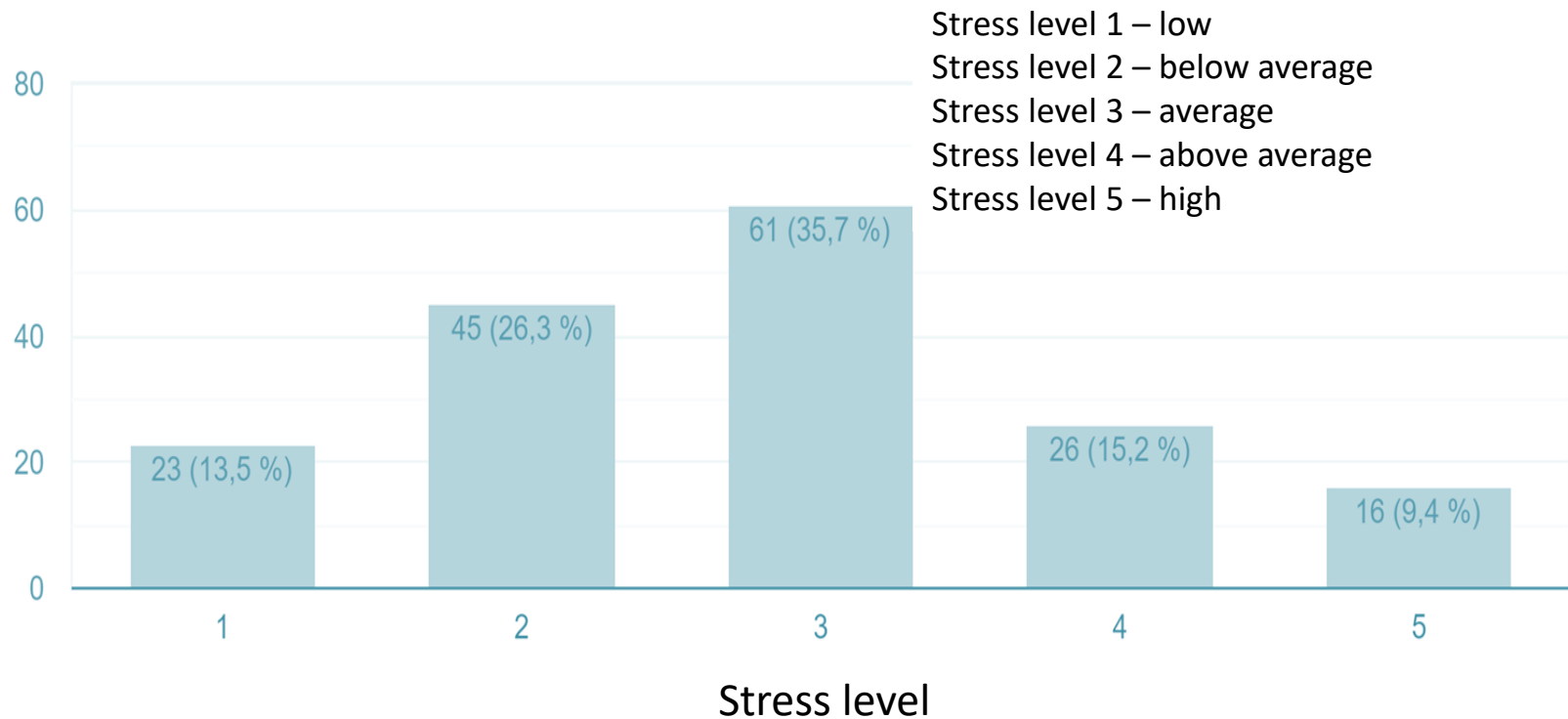
**Central Primary Health Care Centre (PHCC) of Rivne City
Council**

**Brovary Multidisciplinary Clinical Hospital
Lviv Oblast Clinical Diagnostic Centre**

2023



Stress level of staff of Central PHCC

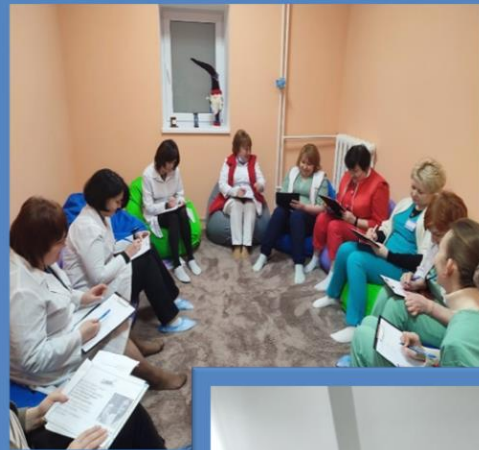




- Statement
 - Goals
 - Obligations
 - Communication
 - Monitoring
 - Review

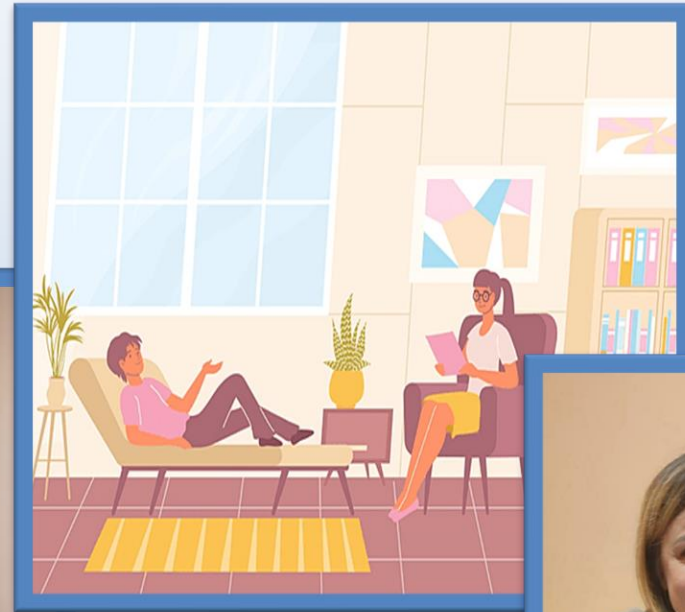


Activities are conducted regularly in the form of a variety of thematic trainings, sessions and games (“Emotional burnout”, “Non-verbal communication”, “Psychological first aid”, “Art therapy”, “How to “not bur” in war settings” conversation session, “Mafia” emotional game, “Inappropriate phrases” game)



A psychological relief room opened

A psychologist is in the staff

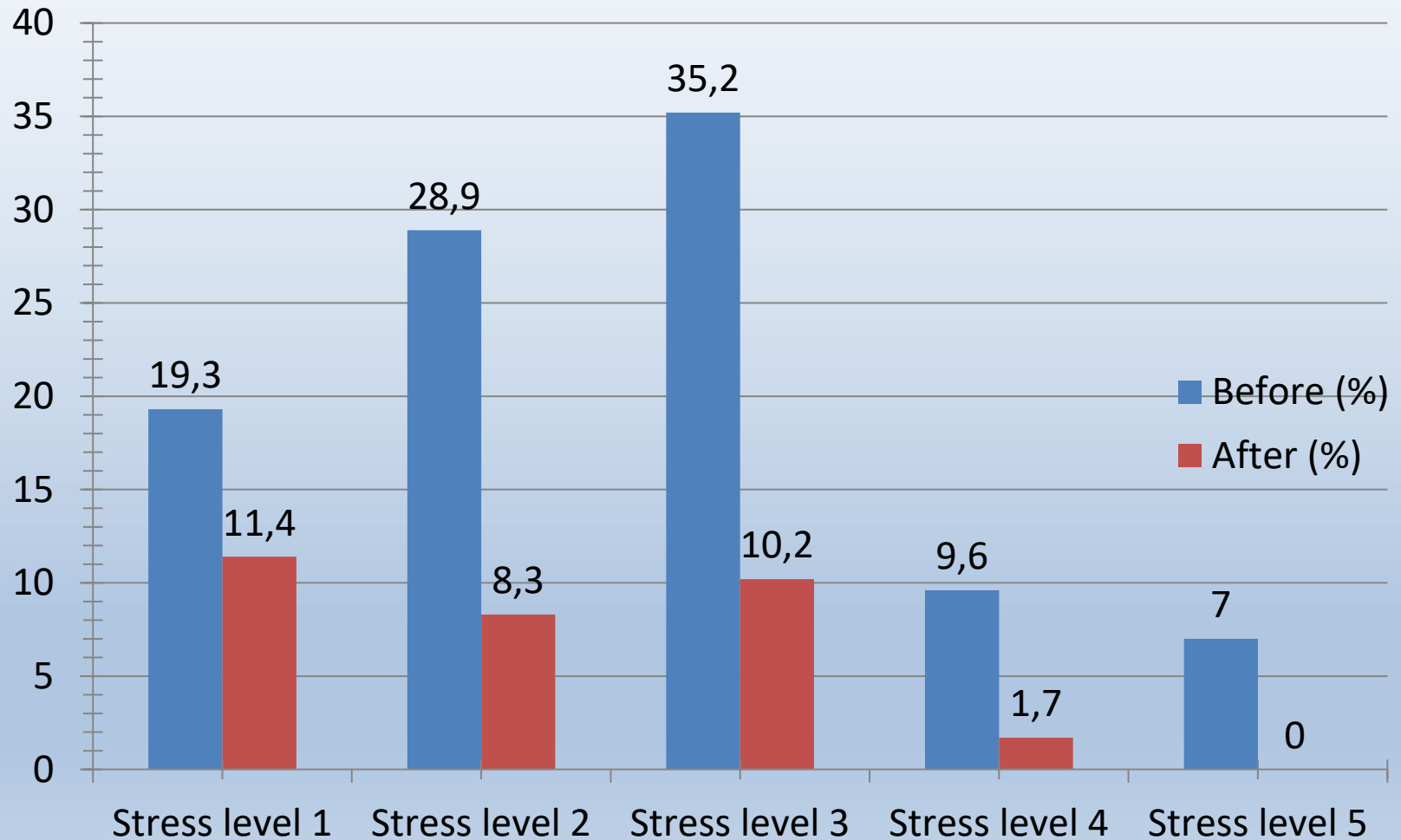




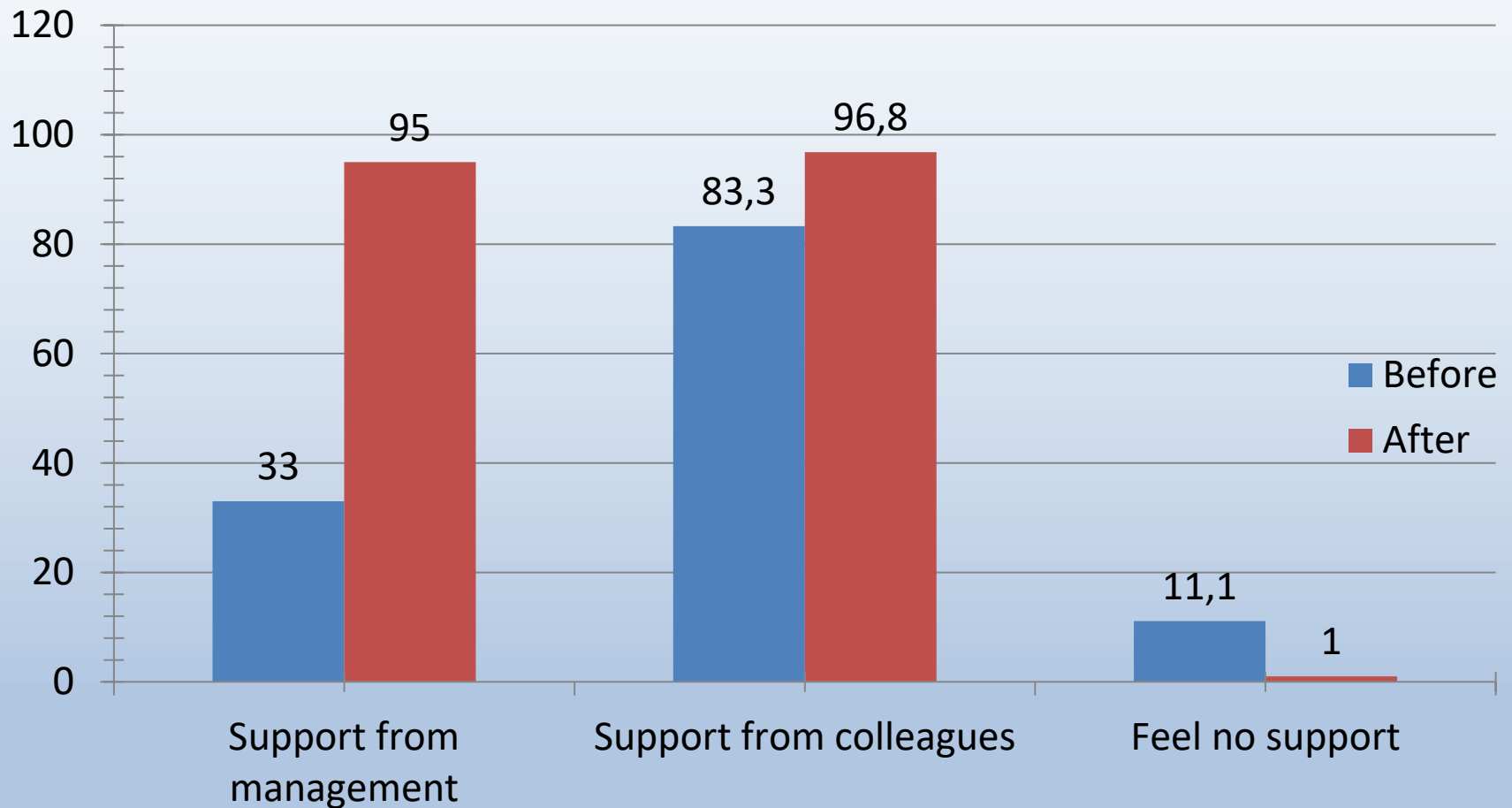
Monitoring of activities

- **Anonymous post-activity pulse survey**
- **Feedback and proposals box (anonymous)**
- **Various screenings and questionnaire polls**
- **Questionnaires for managers**
- **Individual interviews**
- **Estimation of the number of persons willing to attend some or other activity**

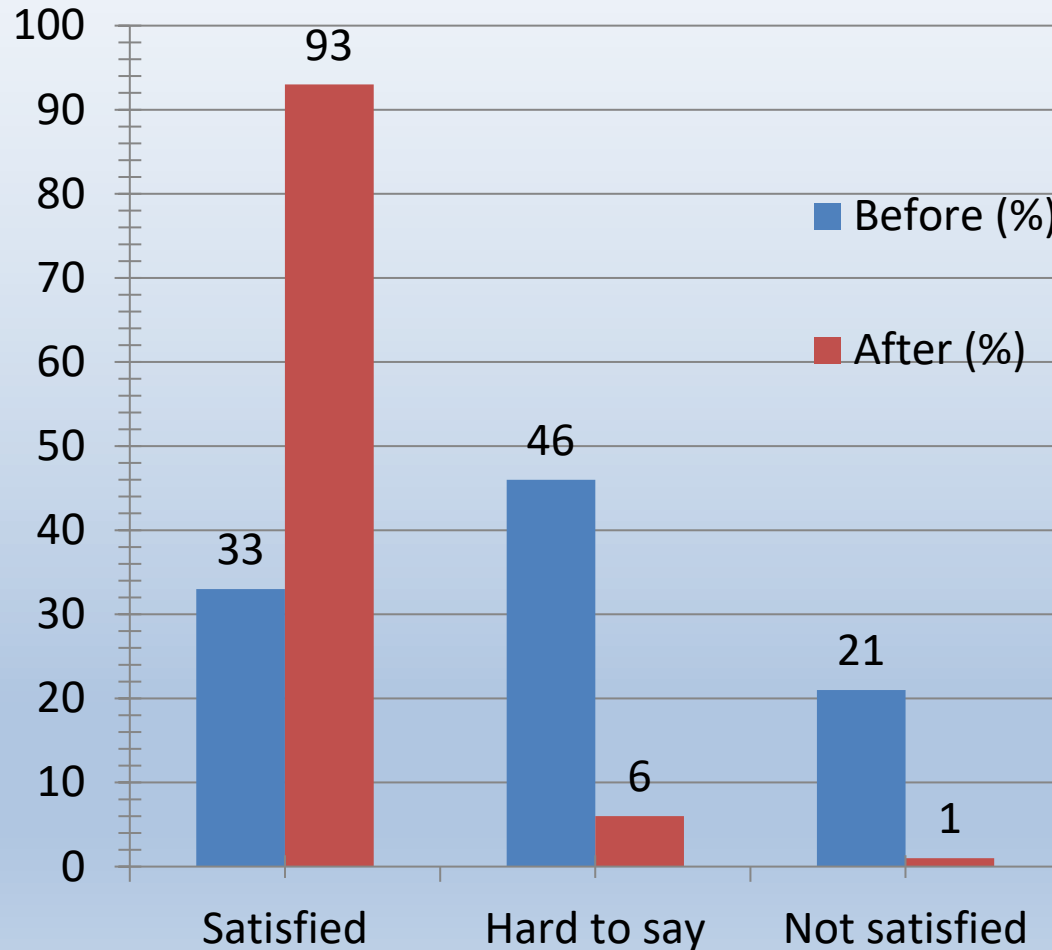
Programme efficiency in terms of stress level:



Programme efficiency in terms of support at the workplace:



Programme efficiency in terms of satisfaction with working conditions:



Satisfaction is an employee's emotional feedback to the conditions he/she is working in

Positive results of PSS implementation

- Shaping of a positive micro-climate, emotional cohesion in the team
- Understanding, trust and mutual help
- Understanding and acceptance of PSS importance in the team
- Settlement of open and hidden conflicts
- Ability to work under greater load
- Work planning successes
- Construction of internal communications
- Ability to work with different categories, especially IDPs
- Support, resilience and overcoming of anxiety



Glory to Ukraine!

