

# RURAL DEVELOPMENT through DECENT WORK

FOR GROWTH, PRODUCTIVE JOBS, INCOME, FOOD SECURITY, GOOD WORKING CONDITIONS, EQUAL OPPORTUNITIES, RIGHTS, VOICE, SUSTAINABLE DEVELOPMENT, CRISIS RESILIENCE



International Labour Office

## Rural-Relevant Tools

# HIV and AIDS Education and Counselling Manual in Cooperatives and Informal Sector Economy

People



© ILO/Marcel Crozet

## What is HIV and AIDS Education and Counselling Manual in Cooperatives and Informal Sector Economy?

A manual to educate and sensitize cooperative members and informal workers on HIV and AIDS, in use since 2008

### For whom?

- **Direct beneficiaries:** Training institutions, peer educators from the informal economy, organizations and cooperatives
- **Ultimate beneficiaries:** Cooperative members and workers, Informal economy workers

### For what purpose?

- Strengthen the capacity of cooperatives and informal economy organizations to implement efficient HIV education and behaviour change programmes
- Reduce the magnitude of stigmatization and discrimination in the workplaces and surrounding communities
- Provide advice to workers and their families on how to support and refer those in need of treatment/support and screening facilities, etc.
- Provide skills on how to design a workplace policy and programme based on the *ILO Code of Practice on HIV/AIDS and the World of Work*; how to design Peer Education HIV action plans; how to monitor and report on HIV activities in line with the national information system

### How is it delivered?

- Training of trainers
- Distribution of the manual
- Training of peer educators from informal economy organizations and cooperatives

## What are its components?

### Ten modules:

- 1: Pre-test checklist to assess at the beginning of each training session the level of knowledge and identify challenges to be addressed
- 2: Pathways to organize HIV education sessions, providing details on how peer educators can organize education sessions, face to face discussion and community campaigns on HIV. It provides the pillars of interactive communication, suggests how to prepare and run the sessions and how to lead discussions and capture the attention of participants.
- 3: Basic knowledge on HIV and AIDS
- 4: Sexually Transmitted Infection (STI): Magnitude and impact of STI; Knowledge of common STIs; Relation between STI-HIV steps to be taken when infected
- 5: HIV prevention: How to assess personal risk; Steps to take to reduce the risk; Methods of prevention, including condoms, strategies to overcome wrong perceptions, etc.
- 6: Voluntary Counselling and Testing: Definition; Process; Tips to overcome fear and other obstacles to know sero-status
- 7: Stigma and Discrimination: A better understanding of the concepts of stigmatisation and discrimination; A better aptitude to bring workers and their families to overcome discrimination and stigmatisation
- 8: Care and support
- 9: Workplace policy and programme in cooperatives and informal sector organizations: Detailed explanation on the 10 ILO principles; How to design a workplace policy based on the *ILO Code of Practice on HIV/AIDS and the World of Work*
- 10: Action plan, monitoring and reporting

## Which Technical areas are covered?

- Skills training
- HIV and AIDS prevention-care-support

## Can it cover more technical areas?

Yes, such as child labour and disabled persons



## Where has it been used?

In 1 country: Cameroon

Successfully mainstreamed into Cameroon's national policies

## Which languages?

Available in 2 languages: French and English

## Is it suitable for rural areas?

Yes



© ILO/Marcel Crozet

## What are its strengths?

- Targets informal economy workers and rural populations, most of whom have been less targeted by HIV intervention
- Comprehensive, including major key issues, namely HIV prevention, STI, preventing mother-to-child transmission (PMTCT), voluntary counselling and testing (VCT), stigma and discrimination, care and support, workplace policy and ILO action plan
- Each peer educator trained has a copy of the manual to guide his/her work
- Linked with the Module on "Monitoring and Evaluation" adapted from the National Strategic HIV/AIDS Plan, enabling integration of relevant data from the social partners into the National Information system

## Is there a training course in ITC-Turin?

The tool is referred to in the course "HIV/AIDS and the World of Work: a prevention and social protection perspective"

## Where to find more information?

- ILO approach to combating HIV/AIDS in the world of work:  
<http://www.ilo.org/aids>

## Who to contact?

E-mail: [iloaids@ilo.org](mailto:iloaids@ilo.org)

Address: International Labour Office  
4 Route des Morillons  
Genève 22 CH-1211  
Switzerland



© FAO/Roberto Faidutti



© ILO/F. Viret