Ergonomic Checkpoints in Agriculture

What is Ergonomic Checkpoints in Agriculture?
A manual that comprises checklists for applying ergonomic principles to address all agricultural workplace safety and health problems and to improve working conditions. It includes practical solutions for safety and health hazards discovered through a checklist survey. Its second edition was published in 2010.

For whom?
- **Direct beneficiaries**: All who are concerned with OSH in agriculture such as employers, supervisors, workers, farmers, inspectors, safety and health personnel, trainers and educators, extension workers, engineers, ergonomists and designers
- **Ultimate beneficiaries**: Agricultural workers and employers

For what purpose?
- Educate and train beneficiaries to improve workplace safety and health conditions

How is it delivered?
- Training of trainers
- Training of institutions/organizations
- Handing out of brochures and manuals

What are its components?
- This manual presents 100 ergonomic interventions aimed at improving safety, health and working conditions in small-scale agricultural farms, with a clear focus on practical, low-cost solutions
- Each checkpoint indicates an action, “why” it is necessary, and “how” to carry it out. It also provides further hints and points to remember
- The checkpoints, all of which are illustrated, cover the main ergonomic issues at the workplace

Which technical areas are covered?
- Skills training
- Occupational health and safety

Can it cover more technical areas?
Yes, such as work in informal activities
Is there a training course in ITC-Turin?
No

Where to find more information?
- International Occupational Safety and Health Information Centre: [www.ilo.org/cis](http://www.ilo.org/cis), for accessing the following ILO Databases:
  - CISDOC to access over 70,000 references
  - Encyclopaedia of Occupational Health and Safety
  - International Chemical Safety Cards (ICSC)

Who to contact?
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