



January 2002

*Technical Intervention Area Summary Notes: TIA-5*

## **Psycho-social counseling and trauma treatment to combat trafficking in children and women**

### **1 Context**

Although ILOs TICW-project mainly focuses on 'prevention' of trafficking in children and women, it is also believed important to invest in systems and mechanisms that could facilitate a proper return of victims of trafficking. In this regard, it is essential to build the capacity of key national personnel in the Greater Mekong Sub-region (GMS) to address the specific health and psychosocial needs of child and youth victims of sexual exploitation.

For this purpose, ILOs TICW-project - in collaboration with the ESCAP Human Resources Development Section (ESCAP-HRD) and the UN Interagency Project to combat trafficking (UN-IAP) - launched a joint initiative. It includes the development of training materials by the ESCAP-HRD and a 'Training of Trainers' course for key national personnel in the sub-region.

### **2 Training of trainers course**

A 6-day training course was conducted for those who are currently either in a training position or in a policy-making position related to the specific health and psychosocial needs of child and youth victims of sexual exploitation in the GMS. The participants include representatives of relevant Departments of Ministries such as Health and Labour, and also representatives of relevant non-governmental organizations. Through the training course, the participants put in place national resource teams that can 1) train others upon return home; 2) backstop agencies that assist victims; 3) contribute to improving national health and psychosocial counseling services.

The training course includes 5 modules:

- Medical effects of sexual exploitation;
- Assessment and treatment issues (including stress and trauma; sign and symptoms of traumatisation; healing and communication skills; treatment and counseling; case management);
- Remedial actions (including relaxation exercises; breathing exercises; progressive muscle relaxation; regular repetition of words; meditation; massage; managing functional complaints; community activities; traditional treatment; religious and spiritual counseling; problem solving counseling; behavioral therapy; cognitive therapy; expressive therapy; group therapy; referrals and networking);
- Training of trainers;
- Networking and project development (including participation; planning; resource mobilization; capitalizing on existing structures; design, monitoring & evaluation, feedback).

### **3 Follow-up activities**

The participants, in their roles as national resource teams, will implement national-level activities, in follow-up to the course next year. Through the network established during the course, they will develop further plans for the provision of technical backstopping for health and social services

providers (government and non-governmental organizations). It is expected that the training materials developed, the training sessions, and the national and sub-regional network of the participants, will contribute to improving systems and mechanisms for 'healing' of victims of trafficking.

As a result of the training, the following contact persons were identified per country, for follow up:

- Cambodia:** Dr. Ka Sunbaunat, MOH, [ksbaunat@forum.org.kh](mailto:ksbaunat@forum.org.kh)  
Mr. Mony Sary, World Vision Cambodia, [mony\\_sary@wvi.org](mailto:mony_sary@wvi.org)
- China:** Ms. Kang Chuan Yuan, The 1st Hospital affiliated to Kunming Medical College, [kangchy@163.net](mailto:kangchy@163.net)  
Dr. Yang Chaojun, Anti-AIDS Section of Yunnan Provincial Health and Epidemic Prevention Station, [yangcj@km169.net](mailto:yangcj@km169.net)
- Lao PDR:** Dr. Ratsmy Syphanh, Champassak Provincial Committee for Control of AIDS Secretariat, [cca@laotel.com](mailto:cca@laotel.com)  
Ms. Nuansone Chanthamath, MOLSW, [twclao@laotel.com](mailto:twclao@laotel.com)
- Thailand:** Ms. Wassana Kaonoparat, CPR, [cpcr@internetksc.th.com](mailto:cpcr@internetksc.th.com)  
Dr. Wanida Paoin, Thammasat University Hospital, [wpaoin@hotmail.com](mailto:wpaoin@hotmail.com)
- Vietnam:** Ms. Luu Thi Hien, MOLISA, [dsep@hn.vnn.vn](mailto:dsep@hn.vnn.vn)

The training materials are included in '*Training of Trainers Course on Psychosocial and Medical Services for Sexually Exploited Children and Youth*' which will become available shortly through ESCAP-HRD at (<http://www.escap-hrd.org>). For the part on 'networking' please be referred to TIA-7 on 'Networking & Co-ordination'.